

APPETIZERS

Salad of greens, lettuce, blue cheese and figs, balsamic vinegar dressing

Foie gras with candied pear layers, a touch of spices, toasted brioche

Homemade salmon gravad lax seasoned with dill infused honey, sprouts salad and whole wheat bread toast

Sautéed calamari and cabbage spring roll with low sodium soy sauce

SOUP AND VELOUTÉS

Fish and shrimp soup with scents of Provence, paprika rouille sauce

Cauliflower velouté with diced chicken, leek, bacon and turmeric foam

FRESH PASTA AND RICE

Spinach and ricotta ravioli, goat cheese and black pepper sauce

Saffron and shrimp arborio risotto, steamed asparagus with lime infused olive oil

* Gluten free pasta available *

These are healthy dishes which help in maintaining a balanced diet

 ${}^{\textcircled{\sc blue}}$ These are gluten free dishes

O This dish contains dairy and/or milk

Number Whole Food Plant-Based option

MAIN COURSES

Selue cheese and zuchini filled grilled salmon loin, pilaf rice

Grilled scallops, genovese red bell pepper stew, roasted eggplant caviar

Marinated red tuna steak, slow-cooked tomato sauce, capers and pesto

Grilled spiny jumbo shrimp Thermidor surf and grilled beef turf with sautéed mushrooms, al dente vegetables

Cowboy Angus beef cut, corn on the cob with butter, chimichurri and red wine demi-glace sauce

Stout beer slow-braised beef ribs served with fork mashed potatoes with olive oil, chives and onion

Grilled twelve hours herbs marinated beef rib eye with onion balsamic vinegar compote, Dauphinois gratin

Cylinder-shaped lamb roast with rosemary jus, Provence style vegetables

DESSERTS

• Frozen lime and limoncello soufflé, grappa soft jelly and pine nuts cracker

• Bitter chocolate macaron, milk chocolate mousse dumpling, toasted ground almonds and cocoa syrup

• Tropical fruits crumble, passion fruit merengue, pineapple ice-cream and jelly cubes

Isk for today's ice-creams and sherbets

• Molten chocolate cake with red fruit, raspberry sherbet

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Whole Food Plant-Based Menu

APPETIZERS

𝔅♠Ó Blue cheese and fig salad with balsamic vinegar dressing

Iime jelly and coriander cream
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SOUP AND VELOUTÉS

MAIN COURSES

Constant of Provencal vegetable with simmered tomatoes, capers and pesto

Ô Vol au vent with mushrooms, daikon and peas in creamy sauce

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OSpinach and ricotta ravioli, goat cheese and black pepper sauce

O Arborio rice risotto, complemented with truffle scented oil simmered caramelized carrots, finished with puréed peas and Parmesan cheese emulsion

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Whole Food Plant-Based option

EXCELLENCE PLAYA MUJERES, MEXICO